

# DDDS Advanced Jazz Dance

## with

### Lexi Hartung

**Description:** Jazz dance showcases a dancer's individual style and originality. Every jazz dancer interprets and executes moves and steps in their own way. Jazz dance is energetic and fun, consisting of unique moves, footwork, jumps, leaps and quick turns. To excel in jazz, dancers need a strong background in ballet, as it encourages balance and strength.

**Attire:** Leotards and tights. Teachers may permit dance shorts or tight jazz pants. Hair should be secured away from face but does not have to be in a bun. Teacher will let students know what types of shoes they would like which can range from a Jazz shoe or dance paws.

#### **Class Descriptions:**

**Jazz Advanced 1:** Concentration will be on basic Jazz steps, isolations & basic turns. Beginner Jazz progressions & center floor basic jazz movements. Emphasis will be on improving flexibility, technique & strength. Work will be towards learning how to apply performance and technique. One Ballet class per week is required in addition to this class.

**Jazz Advanced 2:** Concentration will be more advanced Jazz steps, isolations & turns. Advanced beginner Jazz progressions & center floor jazz movements. Emphasis will be on improving flexibility, strength, technique, and stamina. Work will be towards learning how to apply performance and technique at a quicker pace. One Ballet class per week is required in addition to this class.

**Jazz Advanced 3:** Working towards more advanced Jazz steps, isolations & multiple turns. Intermediate Jazz progressions & center floor jazz movements. Emphasis will be on improving flexibility, strength, technique, and stamina. Work will be towards learning how to apply performance and technique faster. Exploration of different styles of jazz dance. Two Ballet classes per week are required in addition to this class.

**Jazz Advanced 4:** Advanced Jazz steps, isolations & variations of turns. Advanced Jazz progressions & center floor jazz movements. Emphasis will be on improving flexibility, strength, technique, and stamina. Work will be towards learning how to apply performance and technique to fast tempos for higher level performance. Exploration of different styles of jazz dance. Two Ballet classes per week are required in addition to this class.

If you ever have any questions, concerns, etc...please schedule an appointment with your child's teacher or studio director through email.

Looking forward to a wonderful FRESH new Jazz year!