

DDDS Hip Hop 2018-2019

with

Lauren Sprowls and Dana Graham

Description: Hip-Hop dance culture developed from the influence and inspiration drawn from Ragtime Swing, Jazz, Disco, Soul, and Rock n' Roll. There are multiple dance forms that fall under the Hip-Hop dance culture umbrella: funk dance forms, such as Locking, Popping, and Breaking (performed to funk music); Hip-Hop dance (social/party dances performed to Hip-Hop music) and House (performed to House music). This high energy form of dance is often seen at social gatherings and music videos.

Attire: Hip-Hop dancers select their own clothing. Tops are usually form-fitting tank tops, t-shirts, or leotards. Fitted leggings, sweat pants or dance shorts. Students can wear baggy clothes if they are not sloppy. Just remember, to learn and dance in a fun way, you have to look and feel great - wear the kind of dance clothes that make you feel like dancing fun, cool, and hip! Clean sneakers will be required for class, and a second pair may be required as part of the costume. (Example: Any color/style sneakers may be used for class, but a black and white Converse sneaker or a Hip-Hop dance sneaker may be chosen to go with the costume.) Hair can be down but must be secured back away from the face. The teacher has the final say as to what is appropriate attire for class. Students who do not adhere to the dress code will be asked to watch class.

Class Descriptions:

Hip-Hop Beginners Level Goals:

This level is an introductory to hip hop dance for students that have little to no experience in a hip-hop class. The focus is to educate the dancers on what hip hop is and teach them the basic techniques of staying low and grooving to the music. In this level students will learn how to find the beat in the music, how to express themselves through movement, and gain knowledge, terminology, and some basic movements in different styles of hip hop that will allow them to move forward.

Hip-Hop Advanced Levels 1 & 2

In this level students can express themselves through movement, work on and accomplish challenging movement goals, and have an understanding of terminology and history of the art form. Good Attendance is required. Attending a competition at these levels is teacher discretion

Hip-Hop Advanced Levels 3-5

In this level students capture the stage through performance and can comfortably explore self-choreography, allowing students to examine their own individual movement style while working as a group. Students are challenged choreographically through unique themes and musical choices that allow them to tell a story through their movement. These classes will attend 1-2 competitions each year. Excellent attendance is required and expected to maintain the integrity of the class.

If you ever have any questions, concerns, etc...please schedule an appointment with your child's teacher or studio director or feel free to call & or email us.

Welcome to your Dance Class.....**We're looking forward to a great year!!**

DDDS Studio Rules:

- Dancers are not allowed to have any food, gum, candy or drinks during class.
- No running inside the studio – the floors can be slippery, and we don't want anyone to get hurt.
- No hanging on the ballet barre– dancers should only use the barre after specific instruction from their teacher.
- Do not touch the mirrors – please keep hands, feet, etc. off the mirrors.

Additional Tips for our young Dance Students:

- It is helpful for each dancer to have their own dance bag. This should contain only the shoes required for class. (Please, no toys, makeup, food, drink, etc.)
- Please put your child's name on the inside or bottom of each shoe, dance bag, etc. Ballet slippers with long ties should be knotted and cut, so they do not come untied during class. If tap shoes have elastic, dancers will not need the original ties.
- Dancers should enter the class wearing their ballet slippers and carrying their dance bag (with tap shoes inside). Midway through the class, the teachers will assist them with changing into their tap shoes. No parents in the dance room.
- Please try to have your child use the restroom before class. If a bathroom break is necessary, the teacher will bring your child to you, and you may take them to the restroom.

Holiday music: We do use holiday themed music during the fall/winter months. Please inform your teacher if this will make your child uncomfortable & we can make adjustments.